



# *Protestant Fellowship Community Newsletter*

## *November, 2021*

### **Giving Thanks**

“God saw everything that he had made, and indeed, it was very good. And there was evening and there was morning, the sixth day.” Genesis 1:31

When my brother and I were just young, growing boys, our father always prayed before each meal at home. I think he used the same short prayer and, my guess, is that it was a variation of one his father had used – “Bless this food to our use and us to Thy service”, or something similar. In recent years, I have renewed that practice of praying before meals with my wife. The prayer is longer. When I have errands and appointments in the morning and I am up before my wife is, I pray much the same prayer though I expand each part in my conversation.


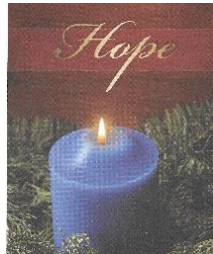
And when I give thanks for the food that God has provided for the meal, my mind includes not just the food as it is prepared and ready to eat. I include the efforts of others that delivered the food to the stores and stocked the shelves prior to me purchasing it; I include those who transported it; I include those who processed and packaged it; I include those who grew it. The other day, I was struck by the notion that the food has the right chemical structure and properties to be nutritious. Atoms such as hydrogen, carbon, oxygen, nitrogen, iron, calcium and others form the right molecules and compounds with just the right properties for being liquids or solids.

How does all that happen? What are the rules that govern these processes? Chemists and physicists study the mechanisms for these atomic and molecular behaviors. We know that pure water is made of molecules which have two hydrogen atoms and one oxygen atom. Our DNA is made of chains of molecules forming amino acids which are composed of hydrogen, carbon, nitrogen and oxygen atoms. We know that some molecules are stable and won't easily be changed into something else. Others are not as stable and can be broken into pieces. We know that the energy level of water molecules is one determinant of whether they are a gas, liquid or solid.

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## Weekly Worship Services for November 2021

**each Sunday at 2:00 pm from the chapel  
via live Broadcast on ACTV channel 976 / 980 (HD)**

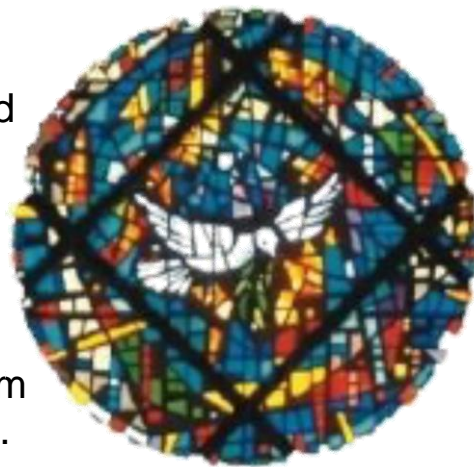
November 7	<p>Rev. James Sutton, pastor at New Britain Baptist Church, New Britain, and recently retired Manager of Pastoral Ministries at Ann's Choice; Organist: Jane Smith; Pianist: Betty Kingston Sacrament of Holy Communion will be celebrated.</p>	
November 14	<p>Rev. Betty Murphy, Associate Pastor at St. Andrew's United Methodist Church in Warminster, PA Organist: Bud Williams; Pianist: Betty Kingston</p>	
November 21	<p>Rev. Doug Dwyer, Addisville Reformed Church, Richboro, PA; Organist: Joan Kirk; Pianist: Betty Kingston</p>	
November 28	<p>First Sunday of Advent Rev. Dr. Kang Na, Protestant Pastoral Associate at Ann's Choice and Chaplain at Rose Garden / Chestnut Pointe; Organist: Jane Smith; Pianist: Betty Kingston</p>	

### **Revive Your Spirit on the Chapel Channel**

The Chapel Channel is airing a daily schedule of uplifting and inspiring programs. Learn about the Dead Sea Scrolls, or enjoy the *Musical Reflections* and *Favorite Hymns of Faith* organ programs by Bud Williams.

The **Memorial Day Weekend Hymn Sing Service** from May 30, 2021 has been added to the program schedule. This includes the organ pre-worship program by Bud Williams followed by the entire worship service.

Feedback and comments on this new programming provided through Pastoral Ministries is encouraged and will help with future offerings on the Chapel Channel.



### **Quiet Reflections and Prayers:**

The Chapel at Ann's Choice is open daily for private reflection when worship services and other events not being conducted.

### **To Receive this Newsletter:**

Contact Rev. Dr. Kang Na at [Kang.Na@Erickson.com](mailto:Kang.Na@Erickson.com), (215) 443-4925, or in the Pastoral Ministries offices in Liberty. Make sure to include your email address for receipt of this newsletter by email or your apartment to receive it in your cubby.

## Rose Gardens and Chestnut Pointe:

Large group activities are suspended until further notice. Pastoral Visits and Home Communion are still available. Contact Pastoral Ministries at (215) 443-4925.

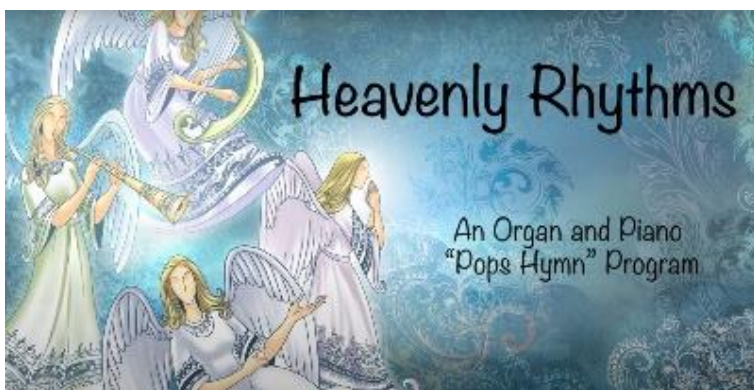
## Bible Study:

Weekly Bible study meets on Wednesday mornings at 10:00 am in the Liberty Commons Music Room. Zoom access is available on request prior to Wednesday morning. Rev. Dr. Kang Na is leading the Bible study.

Contact Rev. Na at (215) 443-4925, Pastoral Ministries offices in Liberty or [Kang.Na@erickson.com](mailto:Kang.Na@erickson.com) for more information about the Bible study or connection information for using Zoom.

If you are curious about the Bible, and its significance in world history and for human life, please join us. The Bible study is intended to deepen our knowledge of **what the Bible is, says, and means**. Everyone is welcome to join us on this journey. We are looking at the beginning of the Exodus stories and the identity of Israel. Join us as we explore **what the Bible is, what it said to contemporary readers, what it means, and what it says to us**, especially for our faith journey.

All are welcome, and all questions are welcome, so that together we might encourage and challenge one another on the joyful and sometimes hard road that is Christian discipleship.



## Heavenly Rhythms

The latest organ and piano program by Bud Williams has been recorded, and editing has been completed by Chelsea Rounds in the TV Studio. Look for it on the Ann's Choice TV 977 beginning on November 1, and it will be added to the programming on the Chapel Channel 980 in a few

weeks. Many thanks to Dave Rector, Ted Mullins, Ray Schwegel and John Hodges for their help in making this program possible.

## Supporting Our Ministry and Mission:

You can help support the mission projects and ministries of the Protestant Fellowship. Donations may be enclosed in an envelope addressed to Rev. Na and taken to any clubhouse front desk. Donations by check are preferred; please make the check payable to "A. C. – Protestant Fund".

On the memo line, please write "Donation."

## Daylight Saving Time Ends

Daylight Saving Time Ends on November 7 at 2:00 am.  
Remember to “Fall Back” when you reset your clocks Saturday night, November 6.



## Second Saturday Cinema in November

On Saturday, November 13th the Protestant Fellowship will present **Harvey** in the PAC at 7:00 pm with a pre-show at 6:45.

Elwood P. Dowd (played by Jimmy Stewart) has a six foot plus friend who is a Pooka (i.e., a large rabbit). Elwood is an embarrassment to his entire family and they

conspire to have him committed to an institution. Elwood is amazed that his sister has the energy to get all the necessary paperwork done in one afternoon.

This program is sponsored by the Protestant Fellowship Council as a ministry to our fellow residents, friends and staff at Ann's Choice.

**No** donation will be requested as your presence is your donation.

## Chapel Choir Practice

The Ann's Choice Chapel Choir rehearses on Friday afternoons at 2:30. If you would like to add your voice to others in the choir as a ministry to worship services, contact Dave Clarke at (215) 443-2573 or BG-103.



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How did all of that come to be? Trying to comprehend all the detailed factors and mechanisms and properties that have to work is mind boggling. And they have to work all the time. Science has worked to try to understand these mysteries over the centuries; and while we think great progress has been made, there is still much to unravel.

And yet I do not think we humans can ever find the basic and deepest answer to the questions of why things work the way they do and how they were built and constructed to work that way. Such knowledge is beyond human understanding and we are not supposed to know. If we possess all that knowledge, there is no room for Faith. In Proverbs 3:19-20 we read “The Lord by wisdom founded the earth; by understanding He established the heavens; by His knowledge the deeps broke open, and the clouds drop down the dew.”

**Creator God, help us to remember that You created us and that we did not create ourselves. Remind us to be thankful for all Your blessings and to always give You the Glory, Honor and Praise. Amen.**

*Prayerfully submitted by John Hodges*